

Peace, Not Pieces

One of many important lessons that arose after my mom's transition to the next life was about a testament. Last will and testaments are ominous words. It has such a negative connotation. It brings on images, pictures of death. We work so hard on planning our lives. We put so much into it. Now most people have most of "their life" on their phones. There are phone applications for almost anything under the sun-almost.

My family wasn't rich so when my parents passed away there were no family heirlooms, or assets to distribute. There were some accounts to settle, but most of those they settled themselves before they passed on. They may have assumed that since there was no money or items of real material value that there was no need to outline any main guidelines. They knew we were all adults. - The youngest one was my brother who was almost 23.

God bless parents, they always see the good, the potential, the heart that we have. Well, at least most of the time my parents did!

However, they did not quite fathom the concept that though we did not have material riches, we needed something from them to help us "keep some of their essence" around. So, we felt that it was important to get something of value - real value - sentimental value, books, poems written by them, their comb, their coat, their suitcase, their Bible - because it said. "Here

is Dad. Here is Mom". It seems rather childish. Maybe it gives a different perspective when you look at it like this: It was childish, because we were their children. We know that their body is gone. We know that their spirit is no longer available in their flesh. But to help with the transition of us acknowledging and recognizing that, it seems we took that avenue. Not all of us, most of us did. And it was not always nice.

So maybe it may be necessary or helpful to think about ways to prevent or pre-empt similar situations by preparing ahead of time. We never know when our time comes. "What is your life, it is a vapor....." Sometime ahead of our appointment

with destiny we can put pen to paper or in some way make things clear to avoid such situations by talking about it while you are still well. Put someone in charge of helping each other and putting things in order. Express your wishes and make things easier by explaining ahead of time what you would like to happen with what you have. Parents usually know what has value with each of their children. It is just a thought. It is a gesture that may seem morbid. It may seem weird. You may be going

on to your reward. You may be going on to peace.

You also want to make sure that when you do, your children are able to continue on in their life, transition well from your physical presence no longer visible. The other option may end up or cause them to not be left in peace, but "left in pieces".

"A word to the wise is sufficient."

